THE SAINT TIM'S TIMES

Sharing Space with the Community





This August, St. Timothy's hosted an intensive Pitt County Schools training for Capturing Kid's Hearts, providing meeting space through our Parish Hall. This is the first year this particular training has taken place on our campus, though other trainings have been held in prior years, and is an example of how we share our space to support local community endeavors.

A note from Karen Harrington, Director of Student Services for PCS and coordinator for this event:

"Once again, thank you and St. Timothy's for opening your doors to our staff. I am so proud of the work we are doing in Pitt County Schools. Capturing Kids Heart is a new initiative for our district. We began last year with three schools and the training this week helped support adding five more schools this year."

About Capturing Kids' Hearts

Capturing Kids Hearts® is a transformational process that focuses on connecting students to their school community. Through the training, staff have learned about how to implement processes that will help them build, grow, and maintain a relationship-driven school culture. The CKH process can be used in classrooms, during staff meetings, on school buses, in school cafeterias, in school programming and athletics, and at home. Key components of Capturing Kids Hearts processes are centered around the ExCEL[™] leadership model, which asks school staff to:

Engage Meet & Greet at the beginning of each day or class and Get to Know their students **Explore** Discover individual student/staff member needs and interests **Communicate** Care and Relevance

<u>Empower</u> Teacher's Teaching Becomes Students' Doing - self-management <u>Launch</u> Meaningful Ending to the day/class and sending students forward

Singing in (Diocesan) Community

by Connie Widney

The Conference on Church Music was held August 17-20, and these reflections are provided by Connie:

Once again, I was privileged to attend the diocesan choir conference at Trinity Center. This was the 33rd annual gathering (with 2 years off during COVID days). David Flood, retired Organist and Master of the Choristers from Canterbury Cathedral UK), served as our fabulous clinician. He first came to the conference in 2001, then continued every other year until 2015. He is a beloved figure among singers in the eastern diocese of the Episcopal Church, as well as many in the Diocese of North Carolina.

One of the goals of the weekend is to prepare music for the Sunday morning service at St. Francis-by-the-Sea Episcopal Church. Another goal is to give choir members in our many small churches the experience of singing with a large choir, with many singers on each voice part. Relevant workshops take place; this year featured Livestreaming and Copyright Law and, the Four Functions of a Church Choir, Yoga for Singers, and a chance to listen to David Flood share many stories from his lengthy career in the Anglican church.

Evenings offer time for the singers to socialize with old and new friends, and the Saturday evening cabaret provides a diversity of entertainment.

Please ask me about the event, as I am happy to share my experiences!



VOL.8



Change of Pace

by Liz Lane and Carole Norman



After a difficult decision, Carole and I decided we needed to step away from UNC. We needed a couple of months to regroup. So we decided a vacation to Quebec was just the boost we needed. To enjoy time with Carole's family.

We left July 28, driving 18 hours. When we arrived on the 29th we spent the day sleeping! Then the party started!!We spent each day with a variety of family. Sisters, brother, nieces, nephews, aunts and friends. All in 14 days. We drove in the countryside and visited very old churches, each with a steeple you could see from quite a distance! Quebec is absolutely a beautiful Provence in Canada.

The biggest challenge for me was speaking French. It is a language I have not yet conquered. Thank goodness for Carole and all her translating. Family conversations were the toughest. A lot was being said back and forth, so trying to translate a fast moving conversation was difficult, but she did pretty darn good!! I was pleased at how much I did remember in both speaking and comprehension. Carole's translating was still extremely helpful.

We celebrated my birthday with a whole lot of family and an amazing cake!! They all sang happy birthday to me in French. It was very special at this time in mine and Carole's life. To have such an enormous amount of unquenchable love and support from her entire family.

We came home Aug 14 with a renewed since of hope. And that is to get Carole on a new road to a healthy life.

Thank you to our St. Timothy's family for all the multitude of cards, phone calls and good ole hugs! It has and will always be very much appreciated.

Most importantly, we thank God for Carole's family and all they have given us.

> Lovingly, Liz & Carole 🧡

