

# THE SAINT TIM'S TIMES



## Family and Friends

*by Barbara Williams*

Children are God's special gift to us. We nurture the child and love them and enjoy our time with them. We are everything to the child, but they grow up and their needs change.

Chip and I have been fortunate. By God's grace, we enjoyed our babies, our young children, their adolescence, and now our adult children.

We were always the parents who included our children in all our events. We included their friends and families and our friends and families. We had a yard and a home that welcomed them.

As our boys grew older and went away to college, we continued to include them and their families. Both of our daughters-in-law lived a semester with us at our house in New Bern. They did their student teaching and internship there prior to their wedding.

Our boys coached with Chip as their first job. In a role reversal, he now works for both. He was a consultant and assistant coach for our oldest. He helps our youngest as a credit card administrative consultant.

Maybe being teachers and coaches helped in this process? I don't know. What I do know is that it is also a gift from God. With his help, we will always be not only family but also friends.

A family is given to you,  
A friend is chosen.



## Hockey Life in Greenville

*by Anthony (6th grade) and Sebastian (7th grade)*

We are Sebastian and Anthony, and we play ice hockey here in Greenville on the Jr. Pirates team. We were asked to write about what we like about the sport and playing on the team.

What we like most about ice hockey is the friends that we make. We have made lots of friends during our seven years of playing ice hockey. Some of our friends from school have joined ice hockey on our team and now we get to see them more often. We have helped most of our friends get better and they have done the same for us. In hockey we move up in ranks and different age groups. Most of our friends and teammates are in our age group (12U). A few of our friends have changed teams because they are older now but we still see each other on Friday nights at the ice rink to practice together.

Another thing that we like about ice hockey is playing in our games and practices. We are on the travel team and that allows us to travel to other states for competition from Charleston S.C. to Roanoke V.A. When we play in our games we use all of our training and put it to great use.

Last season we came in 2nd place in our division during the season and in the state tournament. We basically live at the ice rink! Our mom works at the ice rink so we are always there. We practice Tuesday and Saturday. We elect to attend Friday optional practices too. We also enjoy skating during public skate times. We ice skate as often as possible. Our teammates and coaches are like family. We practice, play, and travel together. Ice skating/hockey is a great way to exercise also. We are honored to be Jr. Pirates... Aarrgh!





## Melody Makers, Making Memories

by Susan M. Goodman

We are a group of individuals from within and outside of St. Timothy's. We work together as a team to entertain residents of nursing homes, assisted living facilities and other venues.

The program was started with the vision of enriching the lives of others! At the same time, we are also enriching our lives! We are very grateful for Peter Woodruff's leadership in guiding the choir to create this outreach program.

I was inspired of the idea for Melody Makers by a group, (which I am a member of) located in Alamance County, called "Seniors Spreading Sunshine". This is a similar group and I have found it to be tremendously beneficial to patients and so rewarding to me personally! It has brought me such joy over the years to be involved with this group! It leaves me with a personal feeling of fulfillment, just by viewing the smiles on the people's faces.

I am a retired Registered Nurse (previously a nurse's aide). Having worked in the healthcare field for 44 years (including nursing homes), I know firsthand how difficult it is to be a patient in a setting other than your own home. Any happiness we can share with others is so beneficial for them, in so many ways!

We are a FUN, CREATIVE group!!! Everyone has a talent! We usually provide a one hour program, always free of charge. Melody Makers would LOVE for you or someone you know to JOIN US and spread joy! If interested (WE HOPE YOU ARE!!!).

Please reach out to:

Susan M. Goodman

Co-Director of Melody Makers

[susang541@gmail.com](mailto:susang541@gmail.com)

OR

Leslie Bowman

Co-Director of Melody Makers

[labowman317@gmail.com](mailto:labowman317@gmail.com)